



Mohammad Hosein Delshad

Pain Management Fellowship

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About

Dr. Mohammad Hossein Delshad, Anesthesiologist, Pain Management Fellowship. My first field of activity and interest is in painless delivery, and I am currently a member of the National Committee for Painless Delivery and a representative of Alborz University of Medical Sciences in the Ministry of Health. I am also the director of the anesthesia department of Alborz University of Medical Sciences. I have also done many years of research and work in the management of acute and chronic diseases, such as performing various types of nerve blocks with ultrasound guidance, and treatment of various spinal pains.



Education

■ Fellowship of Pain management

Branch: medicine
Institute/University: Shahid Beheshti University of Medical Sciences
Tehran, Iran
2010-2016

■ Special in Anesthesiology

Branch: medicine
Institute/University: Shahrekord University of Medical Sciences
Shahr-e Kord, Chahar Mahaal and Bakhtiari, Iran
2017-2019

■ General practitioner

Branch: medicine
Institute/University: Tehran Azad University
Tehran, Iran
1999-2006



Experience

■ Director of the anesthesia department

Alborz University of Medical Sciences
Karaj, Alborz, Iran
From: Feb 2021 – Aug 2021

■ Faculty member

Alborz University of Medical Sciences
Karaj, Alborz, Iran
From: Jun 2020 – Aug 2021

■ Hospital Presidency

Maryam Hospital
Karaj, Alborz, Iran
From: 2016 up to now

■ Pain management specialist

Maryam Pain Clinic
Karaj, Alborz, Iran
From: 2018 up to now

■ **Member of the National Committee for the Promotion of Natural Childbirth and Painless Childbirth**

Ministry of Health and Medical Education
Tehran, Iran
From: 2017 up to now

■ **Main member of Alborz Province Maternal Mortality Committee**

Alborz University of Medical Sciences
Karaj, Alborz, Iran
From: 2016

■ **Member of the World Pain Association**

IASP (International Association for the Study of Pain)
Iran

■ **Pain management specialist**

Rad Pain Clinic
Tehran, Iran
From: Feb 2019 - Dec 2020

■ **Executive consultant and member of the Iranian Pain Association**

International Association for the Study of Pain (IASP)
Iran
From: 2016

■ **Chief of Mohkam Charity (Institute for the Protection of Children with Congenital Anomalies)**

Mohkam Charity
Karaj, Alborz, Iran
From: Jan 2020 up to now

■ **Anesthesiologist**

Shahid Madani Medical & Training Hospital
Karaj, Alborz, Iran
From: May 2020 – Aug 2021

 **Skills**

- ◇ Diagnosis, control and treatment of various pains, especially in the spine and knees
- ◇ Control of chronic and acute pain by performing various nerve blocks by Ultrasound-guided
- ◇ Injection Epidural, facet blocks and joint injection
- ◇ Advances in regional anesthesia and acute pain management
- ◇ Performing various methods, including epidural and spinal, for painless delivery

 **Languages**

■ **English**

Reading Level  Writing Level  Speaking Level  Listening Level 

 **Certificates**

■ **Oman Medical Specialty Board**

Institute: Prometric
September 2021

■ **Certificate of participation in non-attendance continuing education programs of the medical community (virtual)**

Institute: Iranian Scientific Association of Anesthesiology and Intensive Care
November 2020

■ **Painless normal delivery by epidural method**

Institute: Alborz University of Medical Sciences

October 2020

■ **Participate in Fidia Academy Symposium**

September 2019

■ **Main speaker of painless delivery seminar with epidural analgesia**

Institute: Alborz University of Medical Sciences

August 2019

■ **Executive Secretary of the latest seminar on the use of ultrasound in pain interventions**

Institute: Noor Afshar Hospital

June 2019

■ **Painless normal delivery by epidural method**

Institute: Alborz University of Medical Sciences

August 2019

■ **Control of acute and chronic pain 1**

Institute: Shahid Beheshti University of Medical Sciences

August 2019

■ **Addiction and complications of mother and baby during pregnancy**

Institute: Alborz University of Medical Sciences

November 2019

■ **Executive Secretary and Speaker of "Modern Application of Ultrasound in Anesthesia & Pain Medicine"**

Institute: Shahid Beheshti University

December 2018

■ **Painless normal delivery by epidural method**

Institute: Alborz University of Medical Sciences

June 2018

■ **New Symposium on Painless Childbirth**

Institute: Iranian Scientific Association for the Study and Study of Pain

June 2018

■ **Application of ultrasound in pain intervention procedures**

Institute: Shahid Beheshti University of Medical Sciences

August 2020

■ **Member of the main committee of the University Committee for the Promotion of Natural Childbirth**

Institute: Alborz University of Medical Sciences

June 2019

■ **Executive Secretary and Speaker of the first new seminar on painless delivery**

Institute: Parsian Hotel

August 2019

■ **Certificate of lecture in face-to-face programs of continuing education of the medical community (One-day scientific conference)**

Institute: Iranian Scientific Association for the Study and Study of Pain

2019

■ **Control of acute and chronic pain 2**

Institute: Shahid Beheshti University of Medical Sciences

2019

■ **Familiarity with multidisciplinary scientific topics of pain 3**

Institute: Shahid Beheshti University of Medical Sciences

November 2019

■ **Familiarity with multidisciplinary scientific topics of pain 2**

Institute: Shahid Beheshti University of Medical Sciences

November 2019

■ **Participate in Fidia Academy Symposium**

February 2018

■ **Familiarity with multidisciplinary scientific topics of pain 1**

Institute: Shahid Beheshti University of Medical Sciences

August 2018

■ **Advanced cardiopulmonary resuscitation**

Institute: Alborz University of Medical Sciences

2018

■ **Resuscitation of infants and children**

Institute: Alborz University of Medical Sciences

June 2018

■ **Executive Secretary and Speaker of Congress Interventional Pain and advanced minimally invasive Pain management**

October 2017

■ **Interpretation of arterial blood gases**

Institute: Alborz University of Medical Sciences

2017

■ **Participated in the NYSORA Middle East Symposium**

March 2015

■ **Executive Secretary of the Symposium on Pediatric Airway Management and Control**

Institute: Shahid Beheshti University

January 2014

■ **Adult cardiopulmonary resuscitation**

Institute: Alborz University of Medical Sciences

May 2018

■ **Participate in the NYSORA Middle East Symposium**

March 2017

■ **Executive Secretary and Speaker in the first seminar the 1st International congress of "Advanced Regional Anesthesia and Pain Techniques"**

November 2015

■ **Executive Secretary of ECMO Seminar**

Institute: Shahid Beheshti University

May 2015

■ **Executive Secretary and Speaker of Ultrasound Seminar on Nerve Blocks**

Institute: Shahid Beheshti University

November 2014



Research

■ **The Long-term Effects of Percutaneous Laser Disc Decompression (PLDD) Treatment on Lumbar Disc Protrusion: A 2-Year Follow-up**

Publisher: JLMS

October 2020

Link:

<https://journals.sbmu.ac.ir/jlms/article/view/28684>

■ **Efficacy, safety, and tolerability of sublingual fentanyl orally disintegrating tablet in the treatment of breakthrough cancer pain: a randomized, double-blind, placebo-controlled study**

Publisher: DARU

January 2021

Link:

<https://link.springer.com/article/10.1007/s40199-020-00381-6#citeas>

■ **Comparison of combined spinal-epidural analgesia with natural delivery without using analgesia**

Publisher: Iranian Journal of Anesthesiology and Intensive Care

October 2021

Link:

<https://journals.sbmu.ac.ir/isacc/index.php/iranesthesia/article/view/391>

■ **Acute abdomen in the third trimester of pregnancy due to right fallopian tube torsion in association with fimbrial cyst necrosis and hydrosalpinx: The salpingectomy treatment of a rare case**

Submitted: IJOA

July 2021

■ **The effect of Head elevation after spinal anesthesia on hemodynamic and sensory block height during elective cesarean delivery**

August 2021

Situation: In processing

■ **Evaluation of the effect of Dural Epidural Puncture technique in comparison with combined spinal-epidural and techniques in painless delivery and the consequences of labor, mother and infant**

August 2021

Situation: In processing

■ **Review of national guidelines for painless natural childbirth**

Publisher: Ministry of Health and Medical Education

January 2019

Link:

<http://darman.umsha.ac.ir/index.aspx?fkeyid=&siteid=15&pageid=36441>

■ **Author of 41 books in the field of medicine**

Publisher: Documents and National Library of the Islamic Republic of Iran

Link:

<http://opac.nlai.ir/opac-prod/search/bibliographicSimpleSearchProcess.do?simpleSearch.value=%D9%85%D8%AD%D9%85%D8%AF%D8%AD%D8%B3%DB%8C%D9%86+%D8%AF%D9%84%D8%B4%D8%A7%D8%AF&bibliographicLimitQueryBuilder.biblioDocType=&command=I&simpleSearch.tokenized=true&classType=0&pageStatus=0&bibliographicLimitQueryBuilder.useDateRange=null&bibliographicLimitQueryBuilder.year=&documentType=>

■ **Evaluation of efficacy and safety of morphine through nebulizer mask in the treatment of acute respiratory distress due to Covid-19 in adult patients**

IRCT Id: IRCT20211112053042N2

Trial Id: 60236

■ **Comparative study of the effect of ropivacaine 0.2 and bupivacaine 0.2 in the transversus abdominis plane block (TAP) under ultrasound guidance in management of acute pain after open appendectomy (Clinical Trial)**

IRCT Id: IRCT20211112053042N1

Trial Id: 60014

■ **Pregenicular pulsed radiofrequency in patients with postoperative chronic knee pain**

Situation: In processing

■ **Effects of Low Tidal volume Ventilation on ABG changes and Atelectasis in patients under CABG**

Situation: In processing



Projects

■ **Maryam Monthly Journal**

For: Maryam Hospital



Achievements

■ **Chief of Mohkam Charity (Institute for the Protection of Children with Congenital Anomalies), Alborz Branch**

February 2020

■ **Reviewer Certificate of the Anesthesiology and Pain Medicine Journal**

February 2021



Social Network



[drmhdelshad](#)



[drdelshad_foundation](#)