



## Mohammad Hossein Delshad

Pain Management Fellowship

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### About

Dr. Mohammad Hosein Delshad, Anesthesiologist, Pain Management Fellowship. My first field of activity and interest is in painless delivery, and I am currently a member of the National Committee for Painless Delivery and a representative of Alborz University of Medical Sciences in the Ministry of Health. I am also the director of the anesthesia department of Alborz University of Medical Sciences. I have also done many years of research and work in the management of acute and chronic diseases, such as performing various types of nerve blocks with ultrasound guidance, and treatment of various spinal pains.



### Education

#### ■ Fellowship of Pain management

Branch: medicine  
Institute/University: Shahid Beheshti University of Medical Sciences  
Tehran, Iran  
2017-2019

#### ■ Specialty of Anesthesiologist

Branch: medicine  
Institute/University: Shahrekord University of Medical Sciences  
Shahr-e Kord, Chahar Mahaal and Bakhtiari, Iran  
2012-2016

#### ■ General practitioner

Branch: medicine  
Institute/University: Tehran Azad University  
Tehran, Iran  
1999-2007



### Work Experience

#### ■ Director of the Anesthesia Department

Alborz University of Medical Sciences  
Karaj, Alborz, Iran  
From: Feb 2021 – Aug 2021

#### ■ Faculty Member

Alborz University of Medical Sciences  
Karaj, Alborz, Iran  
From: Jun 2020 – Jun 2022

#### ■ Presidency

Maryam Hospital  
Karaj, Alborz, Iran  
From: 2016 up to now

#### ■ Pain Management Specialist

Maryam Pain Clinic  
Karaj, Alborz, Iran  
From: 2018 up to now

■ **Member of the National Committee for the Promotion of Natural Childbirth and Painless Childbirth**

Ministry of Health and Medical Education  
Tehran, Iran  
From: 2017 up to now

■ **The main member of the Alborz Province Maternal Mortality Committee**

Alborz University of Medical Sciences  
Karaj, Alborz, Iran  
From: 2016 up to now

■ **Member of the World Pain Association**

IASP (International Association for the Study of Pain)  
Iran

■ **Pain management specialist**

Rad pain Clinic  
Tehran, Iran  
From: Feb 2019 - Dec 2020

■ **Executive consultant and member of the Iranian Pain Association**

International Association for the Study of Pain (IASP)  
Iran  
From: 2016 up to now

■ **Chief of Mohkam Charity (Institute for the Protection of Children with Congenital Anomalies)**

Mohkam Charity  
Karaj, Alborz, Iran  
From: Jan 2020 up to now

■ **Anesthesiologist**

Shahid Madani Medical & Training Hospital  
Karaj, Alborz, Iran  
From: May 2020 – Aug 2021



## Skills

- ◇ Diagnosis, control, and treatment of various pains, especially in the spine and knees
- ◇ Injection Epidural, facet blocks, and joint injection
- ◇ Performing various methods, including epidural and spinal, for painless delivery
- ◇ Control of chronic and acute pain by performing various nerve blocks by Ultrasound-guided
- ◇ Advances in regional anesthesia and acute pain management



## Languages

■ **English**

Reading Level

Writing Level

Speaking Level

Listening Level



### ■ Lecturer on “Airway management in adults”

Institute: Alborz University of Medical Sciences

June 2022

### ■ Lecturer on “cardiopulmonary and advanced cardiac life support resuscitation in adults”

Institute: Rajaei Hospital

May 2022

### ■ Oman Medical Specialty Board

Institute: Prometric

September 2021

### ■ Painless normal delivery by epidural method

Institute: Alborz University of Medical Sciences

October 2020

### ■ Application of ultrasound in pain intervention procedures

Institute: Shahid Beheshti University of Medical Sciences

August 2020

### ■ The main speaker of the painless delivery seminar with epidural analgesia

Institute: Alborz University of Medical Sciences

August 2019

### ■ Executive Secretary of the latest seminar on the use of ultrasound in pain interventions

Institute: Noor Afshar Hospital

June 2019

### ■ Certificate of lecture in face-to-face programs of continuing education of the medical community (One-day scientific conference)

Institute: Iranian Scientific Association for the Study and Study of Pain

2019

### ■ Control of acute and chronic pain 2

Institute: Shahid Beheshti University of Medical Sciences

2019

### ■ Lecturer on “Epidural analgesia for painless delivery”

Institute: Kamali Hospital

February 2022

### ■ The main speaker of Epidural analgesia for painless delivery

Institute: Alborz University of Medical Sciences

April 2021

### ■ Certificate of participation in non-attendance continuing education programs of the medical community (virtual)

Institute: Iranian Scientific Association of Anesthesiology and Intensive Care

November 2020

### ■ Member of the main committee of the University Committee for the Promotion of Natural Childbirth

Institute: Alborz University of Medical Sciences

June 2019

### ■ Executive Secretary and Speaker of the first new seminar on painless delivery

Institute: Parsian Hotel

August 2019

### ■ Participate in Fidia Academy Symposium

September 2019

### ■ Painless normal delivery by epidural method

Institute: Alborz University of Medical Sciences

August 2019

### ■ Control of acute and chronic pain 3

Institute: Shahid Beheshti University of Medical Sciences

November 2019

■ **Familiarity with multidisciplinary scientific topics of pain 2**

Institute: Shahid Beheshti University of Medical Sciences  
November 2019

■ **Familiarity with multidisciplinary scientific topics of pain 1**

Institute: Shahid Beheshti University of Medical Sciences  
August 2019

■ **Participate in Fidia Academy Symposium**

February 2018

■ **Familiarity with multidisciplinary scientific topics of pain 1**

Institute: Shahid Beheshti University of Medical Sciences  
August 2018

■ **Advanced cardiopulmonary resuscitation**

Institute: Alborz University of Medical Sciences  
May 2018

■ **Adult cardiopulmonary resuscitation**

Institute: Alborz University of Medical Sciences  
May 2018

■ **Participate in the NYSORA Middle East Symposium**

March 2017

■ **Executive Secretary and Speaker in the first seminar The 1st International Congress of "Advanced Regional Anesthesia and Pain Techniques"**

November 2015

■ **Executive Secretary of ECMO Seminar**

Institute: Shahid Beheshti University  
May 2015

■ **Executive Secretary and Speaker of Ultrasound Seminar on Nerve Blocks**

Institute: Shahid Beheshti University  
November 2014

■ **Addiction and complications of mother and baby during pregnancy**

Institute: Alborz University of Medical Sciences  
November 2019

■ **Executive Secretary and Speaker of "Modern Application of Ultrasound in Anesthesia & Pain Medicine"**

Institute: Shahid Beheshti University  
December 2018

■ **Painless normal delivery by epidural method**

Institute: Alborz University of Medical Sciences  
June 2018

■ **New Symposium on Painless Childbirth**

Institute: Iranian Scientific Association for the Study and Study of Pain  
June 2018

■ **Resuscitation of infants and children**

Institute: Alborz University of Medical Sciences  
June 2018

■ **Executive Secretary and Speaker of Congress Interventional Pain and advanced minimally invasive Pain management**

October 2017

■ **Interpretation of arterial blood gases**

Institute: Alborz University of Medical Sciences  
2017

■ **Participated in the NYSORA Middle East Symposium**

March 2015

■ **Executive Secretary of the Symposium on Pediatric Airway Management and Control**

Institute: Shahid Beheshti University  
January 2014



■ **The Long-term Effects of Percutaneous Laser Disc Decompression (PLDD) Treatment on Lumbar Disc Protrusion: A 2-Year Follow-up**

Publisher: JLMS

October 2020

Link:

<https://journals.sbm.ac.ir/jlms/article/view/28684>

■ **Efficacy, safety, and tolerability of sublingual fentanyl orally disintegrating tablet in the treatment of breakthrough cancer pain: a randomized, double-blind, placebo-controlled study**

Publisher: DARU

January 2021

Link :

<https://pubmed.ncbi.nlm.nih.gov/33475984/>

■ **Comparison of combined spinal-epidural analgesia with natural delivery without using analgesia**

Publisher: Iranian Journal of Anesthesiology and Intensive Care

October 2021

Link :

<https://journals.sbm.ac.ir/isacc/index.php/iranesthesia/article/view/391>

■ **Reviewer of national guidelines for painless natural childbirth**

Publisher: Ministry of Health and Medical Education

January 2019

Link :

<http://darman.umsha.ac.ir/index.aspx?fkeyid=&siteid=15&pageid=36441>

■ **The effect of Head elevation after spinal anesthesia on hemodynamic and sensory block height during elective cesarean delivery**

August 2021

Article Submitted

■ **Acute abdomen in the third trimester of pregnancy due to right fallopian tube torsion in association with fimbrial cyst necrosis and hydrosalpinx: The salpingectomy treatment of a rare case**

July 2021

Article Submitted

■ **Evaluation of the effect of Dural epidural puncture technique in comparison with combined spinal-epidural and techniques in painless delivery and the consequences of labor, mother and infant**

IRCT Id: IRCT20211112053042N2

Trial Id: 60236

■ **Comparative study of the effect of ropivacaine 0.2 and bupivacaine 0.2 in the transversus abdominis plane block (TAP) under ultrasound guidance in the management of acute pain after open appendectomy (Clinical Trial)**

IRCT Id: IRCT20211112053042N2

Trial Id: 60236

■ **Author of 41 books in the field of medicine**

Publisher: Documents and National Library of the Islamic Republic of Iran

Link :

<http://opac.nlai.ir/opac-prod/search/bibliographicSimpleSearchProcess.do?simpleSearch.value=%D9%85%D8%AD%D9%85%D8%AF%D8%AD%D8%B3%DB%8C%D9%86+%D8%AF%D9%84%D8%B4%D8%A7%D8%AF&bibliographicLimitQueryBuilder.biblioDocType=&command=I&simpleSearch.tokenized=true&classType=0&pageStatus=0&bibliographicLimitQueryBuilder.useDateRange=null&bibliographicLimitQueryBuilder.year=&documentType=>

■ **Pregenicular pulsed radiofrequency in patients with postoperative chronic knee pain**

Situation: In progressing

■ **Effects of Low Tidal volume Ventilation on ABG changes and Atelectasis in patients under CABG**

Situation: In progressing



## Projects

■ **Concessionaire Maryam Monthly Journal**

For: Maryam Hospital



## Honors

■ **Proud to be chosen as “The Selected Professor of Alborz University of Medical Sciences”**

May 2022

■ **Chief of Mohkam Charity (Institute for the Protection of Children with Congenital Anomalies), Alborz Branch**

February 2020

■ **Reviewer Certificate of the Anesthesiology and Pain Medicine Journal**

February 2021

■ **Reviewer Certificate of the Anesthesiology and Pain Medicine Journal**

February 2022



## Social Network



drmhdelshad



drdelshad\_foundation